

Rye Little League Safety Manual 2024



2024 Rye Little League Safety Program 2

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Mission Statement

This safety manual/program was originally developed and has been revised annually using the guidelines of Little League's **ASAP - A Safety Awareness Program**. In 1995, ASAP was introduced "to create awareness, through education and information, of opportunities to provide a safer environment for kids and participants of Little League Baseball". The goal of this manual is to provide managers, coaches, players, and volunteers with information to improve safety at practices and games while maintaining a fun and learning environment. The Safety Manual is posted on our website for all volunteers and RLL members to view. The Safety Manual will also be distributed in paper form to volunteers. Managers are expected to review the contents of the manual at the beginning of the season with coaches and players to reinforce the safety standards of the league at all times. The name, address and phone number of the Safety Officer is on file with Little League International and is updated annually. The RLL Safety Officer is a member of the Board of Directors.

Safety and Board of Directors Phone Numbers

Emergency: 911

Police (non-emergency): 964-5522

Fire (non-emergency): 964-6411

Sav Huskey (President): rye.ll.president@gmail.com, 603-969-4314

Casey Lockwood (Vice President): casey.lockwood@gmail.com, (603) 553-4231

Ryan Kaplan (Treasurer): ryan@envisionre.org, (603) 953-6122

Keith L'Ecuyer (Secretary): rye.ll.secretary@gmail.com, (415) 350-4351

Jeff Ross (Umpire in Chief): jro1954@outlook.com, 860-471-7895

Bryan Stephan (Safety Officer): bryanjstephan@yahoo.com, (603) 953-5807

Corey Belden (Director of Coaching): cdbelden@msn.com, (603) 303-2621

John Facella (Communications): facella@gmail.com, 603-431-8826

Jay Rushforth (Dir. of Minor League): jayrushforth@yahoo.com, (603) 502-4625

Christian Derderian (Player Agent): christian.derderian@gmail.com, 978-502-3229

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Tim Moran (Marketing/Fundraising): timothy.moran1@yahoo.com, (201) 988-1765

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Gordy Stead (Field Maintenance): gordystead@gmail.com, (267) 408-0520

Nicole L'Ecuyer (Concessions): nic0483@gmail.com

Little League Support

LL International Office: 570-326-1921

PO Box 3185 or 539 Route 15 Hwy

Williamsport, PA 17701

S.Williamsport, PA 17702

2024 Clinic Schedules

Coaches training clinic TBD
CPR/First-aid training clinic TBD
Umpire clinic TBD

Volunteer Application Form and Background Checks

All appointed and elected adult volunteers of the Rye Little League must complete the official Little League Volunteer Application Form (appendix a) prior to assuming their duties. This is an annual requirement even if you were in a similar position last season. All adult volunteers having regular contact with players (managers, appointed coaches, parents who help at practice, umpires, Board Members, Concession attendants and any other individuals so identified by the local Board of Directors) shall agree to a background check. The background check will be performed electronically using one of the services recommended by Little League. The league president, at his/her discretion, may also elect to perform a local background check using the Rye Police Department. In order to complete the background check, the volunteer will be required to sign such forms as are indicated by the league. These forms are made available from Rye Little League. The league will pay any fees associated with the background check. Volunteers may not assume their duties until the background check has been completed and the President has cleared the volunteer for participation. The Little League Volunteer Application Forms will be maintained by the league for a minimum of the duration of the applicant's service to the league for that year.

See Appendix A: Effective 2024 ALL VOLUNTEERS must complete, EVERY YEAR, a child abuse awareness program...Safe Sport Training. Leagues can determine and state in local rules the programs that will be accepted. Programs must meet the "Protecting Young Victims from Sexual Abuse and SafeSport Authorization Act of 2017" generally referred to as the SafeSport law. This national law makes it a crime for an individual involved in a national governing body sports organization, including Little League, to ignore, or not report to law enforcement, any suspicion child abuse, or neglect. In the State of New Hampshire this reporting is governed by RSA 169-C:29, the Child Protection Act.

Safety Code and Safety Rules

- The responsibility for providing a safe environment for baseball lies with the adult volunteers of the league; field volunteers should be especially aware of conditions required for safe play.
- The safety needs of the league are reviewed annually by the Board of Directors. Equipment and supplies needed to maintain a safe playing environment are included in the annual budget and purchased in those months consistent with their need.

***The following safety standards are to be maintained at all times:**

CPR Training and First-Aid Safety Standards

- All Managers and at least one coach on each team must maintain the National Youth Sports Coaches Association (NYSCA) certification and be skilled in basic first aid. Dates, times, and locations for first aid training can be found on page 4. The town of Rye Fire Department or other licensed provider will provide CPR/First Aid training annually to all members, coaches and managers within RLL. The first aid training shall cover heat exhaustion, stabilizing an injured person and CPR. The certification for this training is good for 2 years. First aid kits will be provided to each team and during games a first aid kit will be available in the concession stand or scorer's booth. The Safety Officer should be notified when supplies are getting low. Each team should identify those parents/guardians with medical backgrounds (doctors, dentists, nurses, EMT's, or Athletic Trainers) who can serve as resources or assist in medical emergencies.
- Volunteer managers and coaches in the league are required to attend the Coach's Clinic organized by the Coaching Coordinator. Dates, times, and locations for the coaches clinic can be found on page 4. This clinic is designed to review methods to teach and evaluate skills fundamental to youth baseball players. The dates of these clinics will be announced each year. In recent years we have utilized the Positive Coaching Alliance (PCA). Those managers and coaches who have schedule conflicts with the clinics may, with the permission of the Coaching Coordinator, make arrangements for private instruction with an approved instructor. In addition, a DVD and book based training materials for teaching the fundamentals of baseball are available for use.
- The coaching staff of each team will develop a plan for instruction on proper warmup. In the practice environment, each player should be encouraged to improve his/her skill level in an environment that promotes learning and emotional safety as well as physical safety.

Weather Safety Standards

- Games and practices will NOT be held when weather conditions expose the players to unnecessary risk of injury. The authority for canceling practices rest with the team's coaching staff. As for games, it is vested in the division vice-president in consultation with the managers of both teams. Once a game begins the responsibility for "calling" a game because of darkness, weather, or other conditions is the responsibility of the home plate umpire in consultation with other officials. The Darkness policy will be followed to call games when darkness approaches (see published local rules) .

- **Lightning** safety standards - when lightning approaches:

LIGHTNING -IF YOU CAN HEAR IT OR SEE IT - DON'T PLAY IN IT!

1. Stop the game or practice!
2. Seek Shelter! Have players walk, not run, to a car, concession stand or other suitable shelter. Wait out the storm and for a decision on whether or not the game or practice will be resumed. Umpires and coaches should wait a minimum of thirty (30) minutes after seeing or hearing the last sign of lightning and/or thunder before resuming play. If you hear it or see it again, start the 30 minute countdown over again. This guideline shall apply even if the clouds clear and the fields are in full sun. At NO time should coaches or umpires think that the danger is far off.
3. Stay away from metal fences, bleachers, and dugouts!
4. Do NOT hold metal bats!

Field and Dugout Safety Standards

- Each season, the Little League facility survey must be completed. The facility survey (**appendix b**) is maintained and must be reviewed and updated each year then submitted to Little League International along with an updated copy of this safety plan and the qualified safety plan registration form.
- Each season the protective capping covering the fences on the major league field is to be inspected; damaged sections are to be repaired or replaced no later than field cleanup day.
- Prior to practices or game play, coaches should inspect the field for holes, damage, stones, glass, or other foreign objects. Rakes are available in the field sheds to prepare the fields. Field preparation and condition before and following the game is the responsibility of the home team coaching staff.
- Disengageable bases were installed in 2008 and will be inspected prior to each game.
- The umpire(s) are to walk the field prior to games to agree on the suitability of the field for safe play (see published local rules).
- Only players, managers, coaches, and umpires are permitted on the playing field or in the dugout during games and practices. Parents and other spectators are expected to follow the local rule regarding player behavior in the dugout (see published local rules).
- All team equipment is to be stored in the dugout in a manner to prevent injury; no equipment is to be left on the field or obstruct play on the field.
- At NO time will players be allowed to swing bats in or around the dugout. This applies to the fenced in equipment storage area that has commonly been referred to as the "on deck" area. Little League Rules strictly prohibit this activity.

Assign a player safety officer to keep loose debris off of the field of play during games.

Practice and Game Safety Standards

*See Coach's Code of Conduct/Reminder (appendix e)

All pre-game warm-up activities are to be performed within the confines of the baseball field, batting cage, and surrounding field areas. Players and coaches should be aware of the location of spectators and team members to avoid injury from thrown balls or swinging bats.

- During practice and warm-up drills, players should be spaced a minimum of an arm's length apart to avoid injury from wild throws or missed catches.

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- During practice and games, players should be alert for the possibility of batted balls and prepared to make a play on the ball (watch the fielders and batter at all times as the ball is put in play).
- During sliding practice, bases should not be anchored in place and players should wear long pants and socks to prevent leg abrasions or lacerations. Long pants and socks should be worn to all practices. Metal cleats are strictly prohibited.
- Warming up pitchers- New rule starting **2023**: Rule 3.09 for Regular Season ONLY: Managers or coaches ARE permitted to warm up a pitcher at home plate or in the bullpen or elsewhere at any time including endgame warm-up, pregame warm-up, and in other instances.
- In accordance with Little League rules, the home plate umpire or his/her designee is to inspect equipment (bats, balls, and batting helmets) prior to each game to be sure the equipment adheres to Little League regulations.
- Batters must wear a Little League approved batting helmet when at bat during practices and games. All helmets must bear the NOCSAE stamp; all bats must be Little League approved.
- Bats may only be swung in the vicinity of home plate and in the batting cage under a coach's supervision. An "on deck" position is NOT permitted in Little League.
- In the event the batter reaches base, the next player up-to-bat is to retrieve the bat and return it to the dugout. NO batboys or batgirls are permitted.
- Catchers MUST wear a catcher's mask with a throat protector and helmet, long model chest protector with a neck collar, shin guards, and protective cup with an athletic supporter (boys) for all games and practices. This rule also applies during those times when a catcher is warming up a pitcher and anytime a player is acting in the role of catcher at practice.
- RIF-10 balls are to be used in all Major League games and practices and have the initials RS or RT inscribed on the balls. RIF-5 balls are to be used in all AAA/AA division games and practices. RIF-1 balls are to be used in all A (Tee-Ball) division games and practices except when returning to a base, headfirst slides are prohibited.
- Players assigned to base coach are required to wear helmets with a faceguard.
- Managers, coaches, and trained volunteers may run the pitching machine; only approved balls designed for use in the pitching machine may be used with the machine.

Equipment and Health Safety Standards

- All equipment is inspected at the beginning of the season by the league's Safety Officer for safety standards. Prior to each use, a designated coach should inspect the team's equipment; once the season begins, players are expected to treat equipment with respect (no throwing batting helmets, gloves, or bats) and managers/coaches are to return equipment that no longer meets safety standards. Defective equipment is to be destroyed by the Safety Officer so that it is no longer available for inadvertent use by the league. (Use Equipment Checklist at Appendix H)
- Boys must wear athletic supporters, athletic briefs, or sliding pants for all games and are encouraged to wear them to all practices as well. Boys are encouraged to wear protective cups at all times, regardless of the position they play. When catching, they **MUST** wear a cup. Parents of players who wear glasses are encouraged to provide "safety glasses".
- Other than medical alert jewelry, no other jewelry is to be worn during games or practices.
- Players are encouraged to wear mouth guards and batting helmets with a faceguard.
- Parents should be sure that players are wearing sunscreen on those days in which sun exposure may present a problem.
- Water is to be available for the players, umpires and coaching staff to prevent dehydration and heat related illness at all games and practices. Water is provided either via the outdoor water faucets or sinks inside the concession stands. In addition, bottled water is available for purchase at each game.
- Parents must notify the manager when a player has recently been treated for head lice; the player should use a designated batting helmet and disinfectant spray is to be used when the helmet is removed. Players with an active case of head lice shall not attend practices or games until treatment has brought the problem under control.

Foul Ball Safety Standards

- Spectators are responsible for watching out for foul balls in high risk areas.
- Spectators should be warned to avoid parking vehicles in high foul ball risk areas.

Spectator Safety and Health Standards

- No smoking is permitted within the confines of the ball park.
- No alcohol is permitted within the confines of the ball park.
- No foul language is permitted within the confines of the ballpark. Persons using foul language or who are unruly are subject to action by a league official; the umpire may suspend play and order players into the dugouts until unruly situations are resolved.
- No throwing or tossing balls against the dugouts, backstop, or fencing.
- No hanging or pulling on the net or poles of the batting cage.
- No climbing fences, dugouts, or concession stands/announcing booths.
- No pets are permitted on the ball fields per city ordinance.
- No littering: Trash is to be placed in proper collection receptacles.
- A volunteer (over 16 years of age) must be physically present in the announcing booth for game announcing and scoreboard operation to be in progress.
- Parents or guardians are responsible for monitoring the whereabouts and activities of children not playing in a game but at the ballpark. Throwing objects, swinging bats, or general horseplay is not permitted. Care must be taken to supervise children in attempts to retrieve foul balls, especially if the child will be crossing the street.

First Aid Guidelines

Injury prevention and treatment is of paramount concern during all games and practices. The Safety Officer is responsible for obtaining and reviewing medical releases, requesting supplies from local hospitals or vendors, providing team's first aid kits in each team bag assigned to team managers, and maintaining the stock and condition of first aid kits. The concession stand will have a fully stocked first aid kit including: instant cold packs, elastic bandages, sterile dressings of various sizes, adhesive bandages of various sizes, gauze bandages, hypo-allergenic tape, eye pads/shields, scissors, waterless antiseptic soap, hydrogen peroxide, isopropyl alcohol, providone-iodine solution, disposable gloves, barrier devices for CPR, and a first aid manual. (See 1st Aid Kit Checklist at Appendix I).

An Automated Electronic Defibrillator (AED) device is located in the snack shack and is clearly marked with a placard . Managers, coaches, umpires and volunteers need to familiarize themselves with its specific location prior to each season's activities.

Managers/coaches are expected to follow these "Do's" and "Don'ts" when an injury happens:

DO:

- Have the team's first aid kit available at all times during practices and games; know the contents of the kit and how to use its equipment and supplies. Re-supply the kit as needed from stock supplies available in the concession stand or contact the league Safety Officer.
- Carry the player medical release forms at all times; check each form for medical conditions that may require attention during practices or games (e.g., asthma, diabetes, seizure disorder, and allergies).
- Provide or obtain medical assistance for any player who is injured. When administering first aid:

1. LOOK for signs of injury (swelling, discoloration, deformity).
2. LISTEN to the player describe what happened and what hurts.
3. FEEL gently and carefully for swelling, tenderness or pain, or deformity.
4. FOLLOW **Acronym RICE**: Rest - Ice - Compress - Elevate injured part.

•Reassure all injured players.

- Stay with an injured player until another adult has taken responsibility for the player; do not leave an injured player unattended or allow them to leave the field alone.
- Make sure that if you are practicing at a location other than the league's fields you have access to a telephone in the event of injury. Cell phones are acceptable.

- Take advantage of opportunities to obtain or maintain emergency care skills(e.g., CPR classes, first aid classes, EMT training). These training sessions are offered annually to all Rye Little League managers, coaches and volunteers.
- Know your limitations - provide needed first aid and reassurance but do not treat beyond the comfort of your limitations. Use the reasonable person standard in directing the care that you either provide or withhold.

DON'T:

- Administer any medications but assist the player/parent in administering their own emergency medications (e.g., Epi-pen, inhaler) if available.
- Give any food or drink (other than water).
- Be afraid to ask for help from other adults, especially if you are unsure of first aid or emergency care techniques.
- Transport an injured player yourself; call 911 for the ambulance service and wait for their arrival.
- Hesitate to report any safety concerns or hazards to the Safety Officer immediately.

Communicable Disease Procedures

1. Gloves must be worn when coming in contact with another person's blood or body fluids (available in all first aid kits).
2. All bleeding must be stopped and any blood removed from the player's uniform or person before the player can continue to play in a game; hydrogen peroxide is available in the concession stand first aid kit for immediate blood removal from clothing. Proper washing of the uniform is still required immediately following the game.
- 3 All open wounds should be covered with a band-aid or gauze dressing. This applies to players, managers, coaches, and umpires.
4. If you are exposed to the blood or body fluids of another person wash your hands and the affected area with soap and water or waterless antiseptic as soon as feasible -report the contact to the safety officer and complete an **Incident/Injury Tracking Report** form (appendix c).

5. Equipment must be clean of blood or body fluids prior to use; a one part bleach to ten parts water (1:10) solution is available in the concession stand for cleaning blood/body fluid spills.

6. Follow the complete guidelines of Little League Baseball, Inc. for communicable disease procedures and contact with body substances (2019 Official Regulations and Playing Rules).

Players with Allergies/Medical Conditions

When players have an allergy or medical problem that may need attention at a practice or game, the following procedure will be followed:

1. The team manager should discuss preparedness procedures with the Safety Officer. The player's parent(s) should be part of this discussion.
2. The manager and coaches are expected to avoid placing a player with an allergy or medical condition at known risk for injury or illness in a situation that could exacerbate the condition. However, it is not the responsibility of the league to provide other than standard first aid to such children - league volunteers' training extends only to basic first aid.
3. Parents or legal guardians are notified, via information provided at the preseason parent meeting, that the league does not provide items such as Epi-pens (for allergy treatment), inhalers (for asthma), or concentrated medical glucose solutions (for hypoglycemia/low blood sugar) or other disease specific treatments. The information provided will indicate that it is the player and/or parent's responsibility to provide not only the needed supplies but also the needed treatment when a medical emergency that arises from a known condition occurs.
4. In the event the player and/or parent cannot provide such treatment, league officials (including managers and coaches) will provide basic first aid and call 911 for emergency medical care.
5. Nothing in this policy precludes volunteers or others at the scene with more extensive medical or emergency training from giving additional help as they see fit to the player. However, this care is provided outside of the scope of the league's responsibility.

Accident Reporting Procedures

What to report:

Report any injury or incident that causes a manager, coach, umpire, player, or volunteer to receive first aid of any type at the scene to the Safety Officer. This includes exposures to blood, vomit, or any other bodily fluid.

When to report:

All incidents and injuries must be reported to the Safety Officer within 48 hours of occurrence unless formal emergency medical care is rendered (EMS or hospital). If emergency medical care is needed the incident must be reported to the Safety Officer or, in his/ her absence, another officer of the Board of Directors as soon as feasible as and no later than 12 hours after occurrence. See page 4 for telephone numbers.

How to report:

The **Incident/Injury Tracking Report (appendix c)** must be completed and submitted to the Safety Officer within 48 hours of the injury (form available on website), and in each concession stand.

Follow-up procedures:

The Safety Officer will review the report and within 48 hours:

1. Call or talk with the injured person and/or the parents (in the instance of a player) to verify report information and inquire about current status.
2. Obtain any additional information that is needed.
3. If the injury results in the need for an insurance claim, the Safety Officer will assist the manager/coach and player's parents in completing the form and submitting it to Little League Baseball, Inc.
4. The Safety Officer will continue to be available for consultation and assistance with insurance claims submitted to Little League Baseball, Inc. until the injury resolves or the case is deemed closed.
5. Bring to the attention of the Board of Directors any injury patterns to be used proactively to minimize/avoid future accidents and injuries.
6. The league President will provide a report of accidents and near misses to the District Administrator at a regularly scheduled meeting of the district.

Storage Shed Procedures

The following guidelines will be followed by anyone who has access to the storage sheds/ closets:

- All persons with a key to the storage sheds shall be responsible for leaving them in an orderly fashion, returning all equipment, and locking them before leaving the field.
- Rakes, shovels, pitching machine, bases, wheelbarrows, hoses, and all other equipment shall be stored in a fashion to provide ready access and to prevent injury.
- Instructions for use shall be read or reviewed prior to using any equipment located in the shed or announcing booth. Operating instructions for equipment, where available, are kept on file in the concession stand.
- All chemicals or organic materials that are hazardous shall be properly labeled and stored with MSDS sheets available. Storage should be designed to prevent accidental spillage or puncture of containers.
- Any spilled or loose chemicals or organic materials shall be cleaned up and disposed of properly to avoid human or animal contamination. The Town Department of Public Works or Fire Department is a resource for questions regarding safe removal of hazardous materials.
- Only those persons/businesses approved by Rye Little League can treat the fields with fertilizers, insecticides, or other potentially hazardous chemicals. Treated fields will have signs posted indicating the date/time it is safe to resume use of the field.
- Children are not permitted in the storage shed at any time!

Concession Stands Orientation and Procedures

- Prior to concession operations, each concession stand, including fire extinguishers, will be checked by the Rye Fire Department. Concession operations may not begin until this inspection has occurred.
- All persons with a key to the concession stand shall be responsible for leaving it in an orderly fashion and for locking up before leaving the field.
- Instructions for opening and closing the concession stands are laminated and posted on the walls.
- No children under the age of 16 are permitted in the snack bar without adult supervision.
- Parent volunteers working in the concession stand should make every attempt to attend the concession stand orientation session and review the instructions for operating equipment prior to initial use. It is especially important that concession stand volunteers know the safe operation of the microwave oven or hot dog steamer. If you are unsure how to operate any equipment ask for a demonstration from an experienced volunteer or a league official.
- Food will be stored according to the recommendations outlined in "Keeping Food Safe in Storage" from **Applied Foodservice Sanitation A Certification Course Book**. This book is published by the Educational Foundation of the National Restaurant Association.
 1. Cooked food that is not sold shall be discarded in a manner to prevent animals or others from scavenging the discarded food.
 2. All foods must be discarded once the expiration date on the food package has been passed, if visible signs of spoilage are present, or if the food has not been properly stored.
 3. All opened foods and condiments must be stored in sealed containers.
- Food service gloves are provided in the concession stands for direct handling of food; concession volunteers are expected to wash their hands before beginning their shift, after using the restroom, and after eating. A "reminder" poster will be placed in the concession stand (appendix f).
- All injuries sustained to volunteers in the concession stand are to be handled following the First Aid Guidelines and Accident Reporting procedures in this manual.

Electrical Safety

- Each year, prior to using any electrical equipment, the Safety Officer, as part of the site survey, will complete an electrical safety inspection. Equipment that does not meet electrical safety standards will be removed from operation and either repaired or replaced. Any electrical cord that becomes frayed shall be removed from use. Any questions regarding the suitability and safety of electrical equipment should be referred to a licensed electrician.
- All electrical equipment will be turned off and unplugged prior to cleaning, servicing, or repairing.
- Portable electrical devices in the concession stands will be unplugged as part of the clean-up procedure, and all electrical devices used intermittently will be unplugged or turned off prior to leaving the field.
- Persons using electrical equipment should be sure that their hands and the environment they are working in are dry.
- Where possible, equipment with a ground wire and 3-prong plug will be used.
- Electrical equipment that is damaged, fails, or is suspected of no longer meeting safe standards of use shall be immediately taken out of service and reported, within 24 hours, to the Safety Officer or league official for action.

Parent Orientation Program

Each year prior to the start of the season and ideally at the first practice, each team manager is required to conduct a parent conference. At this meeting, the team manager and coaches will review the league's safety program (the safety manual will be posted on the league website for review), league's local rules, game schedules, fundraising and volunteer expectations. The code of conduct agreement, prepared by the player agent, includes expectations for behavior (appendix d) and is a part of the RLL Registration form. Their signature indicates they understand them and agree to adhere to the league's policies. Parents and other adult volunteers are encouraged to stay informed of safety messages, events and activities in the league by regularly checking the Rye Little League website. www.ryelittleleague.org

Umpire Clinics

Prior to the start of each season, a clinic will be held for returning and new volunteer umpires. The clinic covers the league safety program; new, revised, and confusing rules in Little League; Rye Little League baseball local rules (covered in our by-laws document available on our website); required player safety equipment [personal and game]; required umpire safety equipment; and game schedules. Discussion and practice in umpire positioning and calling the game is covered. The clinic is coordinated by the umpire-in-chief. Dates, times, and locations for this clinic will be announced and a record of the clinic kept on file. (See clinic schedules for date(s))

Registration Data

- League player registration data or player roster data and coach and manager data will be submitted via the Little League Data Center at www.LittleLeague.org.

Summary

Providing a safe experience is the most important responsibility of all adults involved in Little League Baseball. Safety is **EVERYONE'S** responsibility - act on and report any conditions that may be hazardous to the Little League family. Before starting a game or practice, make sure the conditions are **SAFE** - check the field, team equipment, and players to be sure all safety guidelines have been followed. Thank you for your cooperation and support of the Rye Little League Safety Program.

Appendices are as follows:

- A. Little League Volunteer Application Form-2024 p22
- B. Facility Survey Form-p23
- C. Incident /Injury Tracking Report-p 28
- D. Expectations in Rye Youth Baseball-p29
- E. Coach's Safety Reminder/Code of Conduct- p30
- F. Concession Stand Hygiene & Hand Washing Poster-p32
- G. Equipment Checklist-p33
- H. First Aid Kit Checklist-p36
- I. COVID Protocol-p37

Little League Volunteer Application -2024

Please go to www.ryelittleleague.org (documents and forms) for the form.

1. Effective 2024 ALL VOLUNTEERS must complete, EVERY YEAR, a child abuse awareness program. Leagues can determine and state in local rules the programs that will be accepted. Programs must meet the "Protecting Young Victims from Sexual Abuse and SafeSport Authorization Act of 2017" generally referred to as the SafeSport law. This national law makes it a crime for an individual involved in a national governing body sports organization, including Little League, to ignore, or not report to law enforcement, any suspicion child abuse, or neglect. In the State of New Hampshire this reporting is governed by RSA 169-C:29, the Child Protection Act.
 - Little League recommends the Adult Abuse Awareness program offered by USA Baseball and available free via the LL website.
 - Other programs meeting the requirements of the law and NH RSA can be approved such as Know and Tell or Profession specific continuing education programs.
 - Each volunteer needs to present a certificate of completion every year; certificates obtained from coaching in other sports, serving as youth activity group leaders, work requirements, etc. are acceptable PROVIDED they are no more than one year old.
 - This means that every person on your Board, all coaches, all team “moms”, all regular concession volunteers, all regular field volunteers – **ANYONE who completes a volunteer application MUST ALSO complete Safe Sport Training**

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Facility Survey Form –Submitted online to LL Data Center

This report is found on Rye LL website.

Activities/Reporting A Safety Awareness Program's Incident/Injury Tracking Report

League Name: _ League ID: -- _ Incident Date: Field Name/Location: _ Incident Time: Injured Person's Name: _ Date of Birth: _

Address: Age: Sex: r Male r Female City: _ State ZIP: Home Phone: () _ Parent's Name (If Player): _ Work Phone: () Parents' Address (If Different): _ City _

Incident occurred while participating in: A.) Baseball / Softball / Challenger / TAD

B.) Challenger / T-Ball (5-8) - Minor (7-12) - Major (9-12) - Junior (13-14) Senior (14-16) - Big League (16-18)

C.) Tryout / Practice / Game / Tournament / Special Event

Travel to Travel from Other (Describe): _ _

Position/Role of person(s) involved in incident:

D.) Batter / Base runner / Pitcher / Catcher / First Base / Second Third / Short Stop / Left Field / Center Field / Right Field / Dugout

Umpire / Coach/Manager / Spectator / Volunteer / Other:

Type of injury:

_ **Was first aid required?** Yes No If yes, what: _ _

Was professional medical treatment required? Yes No If yes, what: (If yes, the player must present a non-restrictive medical release prior to being allowed in a game or practice.)

Type of incident and location: A.) On Primary Playing Field **B.)** Adjacent to Playing Field **C.)**

Concession Area

D.) Off Ball Field

Base Path: / Running or Sliding / Seating Area / Travel:

Hit by Ball / Pitched or Thrown or Batted Parking Area Car or Bike or Collision with Player or Structure

Grounds Defect/ Volunteer Worker / League Activity

Other: _ Customer / Bystander Other: _

Please give a short description of incident:

Could this accident have been avoided? How: _ This form is for Little League purposes only, to report safety hazards, unsafe practices and/or to contribute positive ideas in order to improve league safety. When an accident occurs, obtain as much information as possible.

For all claims or injuries which could become claims, please fill out and turn in the official Little League Baseball

Accident Notification Form available from your league president and send to Little League

Headquarters in

Williamsport (Attention: Dan Kirby, Risk Management Department). Also, provide your District Safety Officer with

A copy for District files. All personal injuries should be reported to Williamsport as soon as possible.

Prepared By/Position: Phone Number: () Signature: _ Date: ____

2024 Rye Little League Safety Program 29- Appendix D

Expectations in Rye Youth Baseball are very important and are for the player's protection and safety. They are part of the Rye Little League Registration Form taken from the Rye Little League website under Parent/player Code of Conduct & Participation agreement which must be agreed to by the player and/or parents or guardians when children are registered. The Managers of all teams will go over these expectations again during parent orientation early in the season. The following is an excerpt from the RLL Registration form:

I / We, the parent(s) of the above-named candidate for a position on a Little League team, hereby give my / our approval to participate in any and all Little League activities, including transportation to and from the activities.

I / We know that participation in baseball or softball may result in serious injuries and protective equipment does not prevent all injuries to players, and do hereby waive, release, absolve, indemnify, and agree to hold harmless the local Little League, Little League Baseball, Inc., the organizers, sponsors, supervisors, participants and persons transporting my / our child to and from activities for any claim arising out of any injury to my / our child whether the result of negligence or for any other cause, except to the extent and in the amount covered by accident or liability insurance.

I / We agree to return upon request the uniform and other equipment issued to my / our child in as good a condition as when received except for normal wear and tear at the end of the season.

I / We agree to provide proof of legal residence. No passports are accepted. (as defined by Little League Baseball, Inc.)

I / We will furnish a certified birth certificate of the above-named candidate to League Officials.

NOTE: Registration will not be complete without a birth certificate. You only need to provide a copy of the birth certificate if we do not have one on file for the participant from prior year(s).

Parent Code of Conduct Agreement

The Rye Little League Code of Conduct is strict and serious in our sport. All people associated with the game are always expected to act with sportsmanship, dignity and respect for others. This includes coaches, parents, players and referees.

Poor sportsmanship includes:

- Arguing with coaches, officials, teammates, opponents or spectators
- Using threatening or profane language
- Baiting or taunting coaches, officials, teammates, opponents or spectators
- Unsafe play
- Uncontrolled behavior in the bench area

Poor sportsmanship will carry, at a minimum, the following consequences:

- First Offense Verbal warning
- Second Offense Dismissal from the game
- Third Offense Dismissal from the next game
- Fourth Offense Dismissal from the team

We, parent(s) and player, have discussed the Rye Little League Code of Conduct and agree to abide by it. We understand that there is no refund or recourse for dismissal from our program as a consequence of breaking this Code of Conduct.

Coaches Code of Conduct and Safety Reminder

Coaches Code of Conduct-Coaches are ROLE models

Speed Limit 5 mph in roadways and parking lots while attending any Rye Little League function. Watch for small children around parked cars.

No Alcohol allowed in any parking lot, field, or common areas within the Rye Little League complex.

No SMOKING or Tobacco products of any kind (including chewing tobacco) allowed in any common areas within the Rye Little League complex.

No Playing in parking lots at any time.

No Playing on and around lawn/maintenance equipment.

No Profanity allowed in any parking lot, field, or common areas within the Rye Little League complex.

No Swinging Bats or throwing baseballs at any time within the walkways and common areas of the Rye Little League complex.

No throwing balls against dugouts or against backstop.

No throwing rocks and no climbing fences.

Only a player on the field and at bat, may swing a bat (Ages 5 - 12).

Observe all posted signs. Players and spectators should be alert at all times for Foul Balls and Errant Throws.

During game, players must remain in the dugout area in an orderly fashion at all times.

After each game, each team must clean up trash in dugout and around stands.

All gates to the field must remain closed at all times.

After players have entered or left the playing field, gates should be closed and secured.



HEY COACH, HAVE YOU:

- ✓ **Walked field for debris/foreign objects**
- ✓ **Inspected helmets, bats, catchers' gear**
- ✓ **Made sure a First Aid kit is available**
- ✓ **Check conditions of fences, backstops, bases and warning track**
- ✓ **Made sure a cell phone is available in case of an emergency**
- ✓ **Held a warm-up drill**

Concession Stand Hygiene & Hand Washing Poster

Volunteers Must Wash Hands

HOW



WHEN

Wash your hands before you prepare food or as often as needed.

Wash after you:

- ▶ use the toilet
- ▶ touch uncooked meat, poultry, fish or eggs or other potentially hazardous foods
- ▶ interrupt working with food (such as answering the phone, opening a door or drawer)
- ▶ eat, smoke or chew gum
- ▶ touch soiled plates, utensils or equipment
- ▶ take out trash
- ▶ touch your nose, mouth, or any part of your body
- ▶ sneeze or cough

Do not touch ready-to-eat foods with your bare hands.

Use gloves, tongs, deli tissue or other serving utensils.
Remove all jewelry, nail polish or false nails unless you wear gloves.

Wear gloves

when you have a cut or sore on your hand
when you can't remove your jewelry

If you wear gloves:

- ▶ wash your hands before you put on new gloves

Change them:

- ▶ as often as you wash your hands
- ▶ when they are torn or soiled

Developed by UMass Extension Nutrition Education Program with support from U.S. Food & Drug Administration in cooperation with the MA Partnership for Food Safety Education, United States Department of Agriculture Cooperating. UMass Extension provides equal opportunity in programs and employment.



2024 Rye Little League Safety Program 33- Appendix G

Equipment Checklist

REQUIRED PLAYER EQUIPMENT

Defense

- Athletic Supporter-All male players
- Metal, fiber or plastic cup-all male catchers
- Catcher's Helmet & Mask with dangling throat guard
- Catcher's Mitt-all catchers
- Chest protector (long model) & leg protectors-all catchers; must wear while batter is in box

Offense

- Helmet meeting NOCSAE standards-batters and runners
- Helmet chinstrap
- Regulation approved balls will be used for each division+
- Regulation approved bats will be used for each division*
- Non-wood bats must have a grip of cork, tape or composite material

REQUIRED FIELD EQUIPMENT

- 1,2 & 3" bases that disengage from anchors
- Pitcher's plate and home plate
- Player's benches behind protective fencing
- Protective backstop and sideline fences

OPTIONAL FIELD EQUIPMENT

Defense

- Cup for any player other than catcher
- Pelvic protector for any female especially catchers
- Heart Guard/XO Heart Shield/Female Rib Guard any defensive player especially pitchers and infielders
- Game-Face Safety Mask- any player
- Goggles/shatterproof glasses

Offense

- Helmet for adults in coaches boxes
- Helmet with face guard or C-flap
- Mouth guard
- Goggles/shatterproof glasses
- Batter vest/Heart Guard/Heart Shield/Female Rib Guard

*As of January 1, 2018, the new [USA Baseball Bat Standard](#) was implemented. USA Bat Standard bats must be used in the Little League Major Baseball Division and below.

Updated as of April 13, 2022

Rule 1.10 – Baseball

The bat must be a baseball bat which meets the USA Baseball Bat standard (USABat) as adopted by Little League. It shall be a smooth, rounded stick, and made of wood or of material and color tested and proved acceptable to the USA Baseball Bat standard (USABat).

Beginning with the 2018 season, non-wood and laminated bats used in the Little League (Majors) and below, Intermediate (50-70) Division, Junior League divisions, and Challenger division shall bear the USA Baseball logo signifying that the bat meets the USABat – USA Baseball's Youth Bat Performance Standard. All BPF – 1.15 bats will be prohibited beginning with the 2018 season. Additionally, starting in 2018, the bat diameter shall not exceed $2\frac{5}{8}$ inches for these divisions of play. **Bats meeting the**

Batted Ball Coefficient of Restitution (BBCOR) standard may also be used in the Intermediate (50-70) Division and Junior League divisions. Additional information is available at LittleLeague.org/batinfo.

2023 Rye Little League Safety Program 35- Appendix G (continued)

Tee Ball:

Under the USABat standard, certified Tee Ball bats (26" and shorter) will feature the USA Baseball mark and text which reads **ONLY FOR USE WITH APPROVED TEE BALLS**. **NOTE:** Approved Tee Ball bats may also be used for Coach Pitch/Machine Pitch Minor Divisions only with the use of [approved Tee Balls](#).

Minor/Major Divisions:

It shall not be more than 33 inches in length; nor more than $2\frac{5}{8}$ inches in diameter, and if wood, not less than fifteen-sixteenths ($15/16$) inches in diameter ($7/8$ inch for bats less than 30") at its smallest part. Wood bats taped or fitted with a sleeve may not exceed sixteen (16) inches from the small end. **NOTE 1:** Solid one-piece wood barrel bats do not require a USA Baseball logo. **NOTE 2:** Approved Tee Ball bats may also be used for Coach Pitch/Machine Pitch Minor Divisions only with the use of [approved Tee Balls](#).

2024 Rye Little League Safety Program 36- Appendix H

First Aid Kit Checklist

- Instant cold packs
- Elastic bandages
- Sterile Dressings of various sizes
- Adhesive bandages of various sizes
- Gauze bandages
- Hypo-allergenic tape
- Eye pads/shields
- Scissors/tweezers
- Waterless antiseptic soap
- Hydrogen Peroxide
- Isopropyl alcohol
- Povidone-iodine solution
- Disposable gloves
- Barrier devices for CPR
- Bottled water
- First Aid Manual

PLEASE NOTE: An Automated Electronic Defibrillator (AED) is located in the Rye Recreation Office. It will be accessible to anyone qualified to operate it. All managers, coaches, umpires and volunteers should familiarize themselves with its specific location. At the time of this publishing, we are currently investigating purchasing an AED to be stored in the scorer's booth at all times. Once this is finalized, the league will be updated on the new location.

2024 Rye Little League Safety Program 37- Appendix I

RYE LITTLE LEAGUE, INC.

GUIDELINES FOR COVID-19

Rye Little League of Rye, NH, will monitor and follow all COVID-19 protocols as set by the State of NH and the CDC. If there are any doubts, we will always err on the conservative side so we can avoid unnecessary quarantines or spread of COVID across the league and throughout our community. The safety of all participants in any Rye Little League (RLL) activity is of paramount importance.